

Volume 10, Issue 7

July 2008



# SCOTTSDALE SHADOWS

## NEWSLETTER

A Place To Call Home

### Special points of interest:

- Poker Tournament
- Pool Table Tournament
- Independence Party
- Ice Cream Social
- Bridge

### RCI BOARD OF DIRECTORS

#### PRESIDENT

*MIKE CAPONETTO*

#### VICE-PRESIDENT

*ROBERT HOWES*

#### SECRETARY / TREASURER

*CHARLES THOMAS*



### Inside this issue:

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### ADMINISTRATIVE OFFICE

#### GENERAL MANAGER

ROGER FRIEDMAN

#### CONTROLLER

*SONIA MARTINEZ*

#### OFFICE RECEPTIONIST

*MARGE SONMORE*

(480)994-2060

#### BOOKKEEPER

*KEITH SILLIN*

(480)994-2062

### MAINTENANCE

#### MAINTENANCE SUPERVISOR

*BENITO HIGARREDA*

#### MAINTENANCE COORDINATOR

*JUDITH MENCHACA*

(480)994-2067

#### MAINTENANCE COORDINATOR

*JESSICA ESPINOZA*

(480)994-2080

#### CUSTODIAL SUPERVISOR

*RAUL MEDRANO*

(480)994-2065

### ACTIVITIES OFFICE

#### ACTIVITIES DIRECTOR

*RAMIRO WONG*

(480)994-2073

#### GROUNDSKEEPER

SUPERVISOR

*JESUS MORPHIN*

### REGISTRATION & RECORDS

#### SUPERVISOR

LORI HAMMOND

(480)994-2063

### COMMUNITY SERVICES

#### SUPERVISOR

STEVE COOK

(480)994-1590

## FROM THE GENERAL MANAGER'S DESK

It's been a little over a month since I have assumed the position of General Manager and it has been an eye opener. As a resident, former Officer, Delegate, and Director of both my Regime and RCI, and an employee in the Registration and Records Department, I thought I was fully aware of what goes on behind the scenes in our community. I now know that I was only partially informed. This truly is a *little city*, 14 buildings, extensive acreage and amenities, 45 employees and in the neighborhood of 1,600-1,800 residents. The reason I bring this to your attention is because I feel that many who reside or visit here do not fully appreciate our staff, and their efforts and dedication in maintaining our home and making it, for us, a pleasant and enviable place to live. It is rare that those behind the scenes are applauded or even recognized for their efforts and in the case of the Shadows they are very deserving of everyone's appreciation. This includes our many volunteers, as well.

I would hope that all of our residents will honor our employees' responsibilities, particularly those of the Community Service Department, by complying with our rules and cooperating with our employees. We have rules, for a reason, they are either safety based or instituted for the peaceful and quiet enjoyment of the Shadows by all of our residents. There are those who appear bent on violating our rules, and that is unfortunate for all of us.

You recently received, together with your coupon books, passes, either white (Owners) or Red (Tenants) that you are to provide your guests when they wish to use the amenities in our Community. These passes should be returned to you for use by other guests (they should not be kept by the guests). Beginning July 1<sup>st</sup>, we will be checking those using our amenities on a regular basis, and I would ask that all owners, tenants have on their person, the plastic card issued to you when you first arrived at the Shadows. Your guests will have to have their guest passes with them. Anyone who is observed using an amenity, and asked to produce a plastic resident card or pass who does not do so will be asked to obtain the card or pass, or permanently leave the area. We are not attempting to inconvenience anyone, however, our community and its amenities are for the use and benefit of our residents and guests only.

We have just started summer, and yet we've been besieged with a steady stream of days over 110 degrees. Anything below that would appear to be a cold spell. Remember, for those who are not used to our climate, and the elderly, while *it is a dry heat*, it is a dangerous heat. Drink plenty of fluids, particularly water; soda pop, coffee, and many other drinks contribute to dehydration. If your mouth feels parched, you feel shaky or just a bit out of sorts you may be on your way to more serious complications. Take a water bottle with you when you are out for extended periods of time. Have a pleasant and healthy summer.

Sincerely,

*Roger M. Friedman*/GM





**PACKAGES FROM HOME DROP BOX**  
 (Located in the Atrium next to Records and Registration)

Scottsdale Shadows is supporting the Packages from Home Organization by placing a drop box to be made available for donations, for our troops in Iraq & Afghanistan. The information is on our website @ [ScottsdaleShadowsArizona.com](http://ScottsdaleShadowsArizona.com). For more items to be donated you may call Lori @ 480-994-2074.

**MOST NEEDED ITEMS**

Beef Jerky/Slim Jims  
 Hot chocolate in single packets  
 Peanuts, small tins or bags  
 Pringles or other canned chips, canned dip  
 Microwave popcorn  
 Men's boxer shorts  
 Men's stick deodorant  
 Gold Bond foot powder  
 Movies, DVD's (used okay)  
 Xbox or Playstation games  
 Pre-sweetened powdered drink mixes  
 Vanilla wafers  
 Coffee  
 Canned chili  
 Kellogg pop Tarts  
 Trail mix  
 Ritz Crackers  
 Wheat Thins  
 Ziplock baggies  
 Bath towels  
 Toilet paper  
 Baby Wipes

Lip Balm  
 Razors  
 Band Aids  
 Batteries  
 Dominoes  
 Frisbees  
 Sunscreen  
 Breakfast Cereal  
 Body Lotion  
 Toothbrushes  
 Eye Wash  
 Facial Lotion  
 Mag Lights  
 Nail Clippers  
 Hair Gel  
 Hair Clips  
 Small Mirrors  
 Board Games  
 Chewing Gum  
 Granola Bars  
 T-Shirts  
 Hand Lotion

# *Movies of the Month*

## **Friday at 1PM**

**July 11** *Fool's Gold* running time 113 minutes **PG-13** *Starring:* **Matthew McConaughey and Kate Hudson.** A treasure-hunting couple whose eight-year quest for the ultimate prize has left them flat broke and fresh out of gas. Ben "Finn" Finnegan is a treasure hunter who has made it his mission in life to track down the Queen's Dowry -- a legendary collection of 40 chests filled with priceless treasure, and lost at sea in 1715. But in his single-minded quest to track down this sizable booty, Finn has sadly neglected his marriage to his loving wife Tess who has grown tired of the hunt, and now she's looking to start her life anew by going to work on the massive yacht of globetrotting billionaire Nigel Honeycutt. However, just as Tess begins to relish the freedom on her new, laid-back lifestyle, Finn uses his roughish charm to convince the adventurous baron and his debutante daughter Gemma that the elusive Spanish treasure is finally within reach.

**July 18** *Definitely Maybe* running time 111 minutes **PG-13** *Starring:* **Ryan Reynolds and Isla Fisher.** Political consultant in the midst of a bitter divorce attempts to delicately divulge the truth about his past relationships to his curious young daughter, who simply won't stop asking questions until she's satisfied with all the answers. Ten-year-old Maya is heartbroken to see her parents splitting up, but she's determined to find out precisely how it was that mom and dad came together in the first place. When Maya starts questioning her father Will about his life before marriage, dad's memories soon drift back to the time when, as a naïve Wisconsin native and aspiring politician hoping to work on the presidential election, when he first arrived in New York City. As Will gradually became savvy to the ways of the big city, he gradually developed romantic relationships with three very different women: Emily was the girl-next-door that he could always depend on, apolitical April was the best friend and confidante who was always there to listen, and free-spirited journalist Summer was both beautiful and ambitious. In order to prevent his perceptive little girl from predicting the outcome before his story is told, Will carefully changes the names of his three romantic interests creating a hopelessly romantic puzzle that highlights both the joys and hardships of true love.

**August 1** *Vantage Point* running time 90 minutes **PG-13** *Starring:* **Dennis Quaid, Forest Whitaker, and William Hurt.** A thriller in which an assassination attempt on the president of the United States is detailed from five unique perspectives. As the president arrives in Salamanca, gunshots ring out. An American tourist has captured footage of the would-be assassin on videotape, and now, as the stories of the other four witnesses unfold, each essential piece of the puzzle quickly falls into place. Only when all of the stories are told will the chilling truth to this shocking crime finally emerge.

## Events in July

### **Independence Day Party**

**When:** Wednesday, July 2

**Where:** Lounge

**Time:** 5 PM

**Cost:** \$4

### **Ice Cream Social - Wii Tennis**

**When:** Friday, July 25

**Where:** Lounge

**Time:** 2 PM

**Cost:** \$1

### **Pool Table Tournament**

**When:** Saturday, July 19

**Where:** Navajo Room

**Time:** 1 PM

**Cost:** \$1

### **Poker Tournament**

**When:** Saturday, July 26

**Where:** Lounge

**Time:** 6:30 PM

**Cost:** \$1

## **Catch The Diamondbacks vs. Colorado Rockies Sunday, September 28th**

We will be in the **Baseline Box Section**. There is no need to worry about driving, parking, **GAS**, or where you left your car.

Call the Activities Office today and enjoy a great game!

**When:** Sunday, September 28th

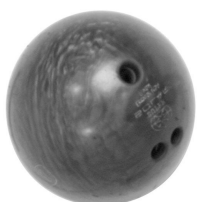
**Where:** Chase Field

**Time:** Bus Departs 12 Noon

**Cost:** \$43 (Game & Bus) A minimum of 30 people must sign up in order to go.

**Cut-Off Date:** Monday, June 2nd (*Open to guest of residents after June 2nd*)

# Wii Virtual Bowling



**When:** Every Tuesday

**Where:** Lounge

**Time:** 1 PM

**Cost:** FREE



# Wii Rock Band



**When:** Every Other Monday

**Where:** Lounge

**Time:** 6:30 PM

**Cost:** FREE



**2009**

**Theatre Schedule**

**Please Note all seats are based on availability.  
The sooner you sign up the better your seats will be.**

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**Broadway Palm Dinner Theatre**

**Singin in The Rain**

Thursday, February 18, 2009

Bus Departs @ 11:15 AM

Cost: (Based on a minimum of 28 people)

\$55 (includes bus, dinner and show)

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**Phoenix Theatre**

**Les Miserables**

Thursday, March 12, 2009

Bus Departs @ 6:30 PM

Cost: (Based on a minimum of 20 people)

\$65 (includes bus and show)

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**ASU Gammage**

**CATS**

Thursday, April 9, 2009

Bus Departs @ 6:30 PM

Cost: (Based on a minimum of 20 people)

\$67 (includes bus and show - Orch. A)

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# Summer Bridge



Come and enjoy an afternoon of fellowship  
starting Thursday, July 10th *(until further notice)*

When: Every Thursday at 1 PM

Where: Lounge

NO PARTNER NEEDED

Mark Your Calendar Now!



## Independence Day Party

Our very own resident Natalie Yohler will be playing the piano that evening. Come and enjoy some good food and great company.

**When:** Wednesday, July 2

**Where:** Lounge

**Time:** 5 PM

**Cost:** \$4

**Cut-Off:** June 27

**SOLD OUT**



# SUNRISE HOME FACILITIES

**Mission Statement:** We love what we do and strive to provide quality care allowing residents to live in a safe and comfortable environment surrounded by love that promotes respect and dignity

**Locations:** (South Scottsdale) 6401 N. 82nd St. Scottsdale, AZ 85250 \*  
 (North Scottsdale) 11002 N. 66th St. Scottsdale, AZ 85254

**Call Lida Cubillos @ 480-367-9117**

ARIZONA STATE LICENSE

## SERVICES

- 24-hour supervisory, personal, and direct care for elderly & disabled.
- Complete Laundry & Housekeeping.
- Assistance w/ grooming, dressing, eating bathing, toileting per resident's service plan.
- Pharmacy available for refills or new prescriptions requested by your doctor.
- Biweekly manicure & pedicure.
- In-home doctor's visit on regular basis.

## ACTIVITIES

- Weekly painting session.
- In-home beauty salon by a professional beautician: haircuts, perms, hair coloring & more.
- We celebrate birthday parties & all holidays.
- Cable TV
- Reading literature and current event presentations.
- Family members are encouraged to participate in activities and mealtime to enjoy a family atmosphere.

[www.sunrisehomefacility.com](http://www.sunrisehomefacility.com)

# LIBRARY NEWS

Summer heat is upon us and what can romance, or a well written novel, or some bit of history to read relaxing in. Come and browse in our wonderful what you can find. New books are We are wishing for good health to Kathleen Price.

be better than a good mystery, or a hot for some of us, a fascinating biography or the cool of your air conditioned home? collection of books. You never know donated every day. return to Susan Isbel and our new volunteer

**Acting Librarian,  
 Marilyn Freedner**

# Community Board

RCI has Free Notary Services.

Please see Lori Hammond in  
Records and Registration

## Amateur cellist/recorder player

Looking for fellow chamber musicians.  
Making music to have fun.  
Call Nan at 947-2313

## **Poker Players**

We Play:

Tuesdays 6-9 pm And Thursday 1-4 pm  
Call Fred  
**941-8305**

## Wii Virtual Bowling

Starting July 8th

Every Tuesday At 1 PM

In the Lounge

## REMINDER:

NO REFUNDS WILL BE GIVEN  
ON ANY EVENT, ONCE EVENT HAS  
BEEN PAID FOR BY RCI.

Please understand that once we pay for an event we, RCI, do not get  
the money back. We cannot be responsible for refunds.  
Thank you for your understanding.

## **Library**

**Hours**

**7 am to  
9:30 pm**

## REMINDER:

NO SMOKING IN OR  
AROUND POOLS

## **Pool Aerobics**

**Instructor Bobbie Levine**

**POOL 1 7 days a week Starts @ 10 am**

## Actorstheatre - Triple Espresso

By Bill Arnold, Michael Pearce Donley & Bob Stromberg  
Running from January 16 - February 1, 2009

**A highly caffeinated comedy.** The story of three guys  
climbing the ladder of success, downwards. The  
laughter is infectious and the comedy appeals to  
everyone from first graders to college students to  
baby-boomers to grandparents.

**Call Activities Office today if you are interested!**

## PACKAGES FROM HOME

WE HAVE TWO BEAUTIFUL SOPRANO'S POKER SETS AVAILABLE IN THE RECORDS AND  
REGISTRATION OFFICE FOR **\$100 DONATIONS**. PFH IS A 50130 TAX DEDUCTABLE  
ORGANIZATION THAT BENEFITS OUR TROUPS STATIONED IN WAR ZONES.  
PLEASE MAKE CHECKS PAYABLE TO **PACKAGES FROM HOME**.  
THANK YOU FOR YOUR SUPPORT!!

See Lori in  
RECORDS AND REGISTRATIONS OFFICE

July 2008

# Scottsdale Shadows

July 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Pool 1 Aerobics @ 10 am Instructed by Bobbie Levine 7 days a week	2 Game Day @ 12PM Independence Day Party 5 PM Lounge	3	4 RCI Offices Closed	5	
6	7	8 Wii Bowling @ 1 PM	9 Game Day @ 12PM	10 Bridge @ 1 PM	11 Movie Day @ 1 pm <i>Fool's Gold</i> PG-13	12
13	14 Wii ROCK BAND! 6:30 PM Lounge	15 Wii Bowling @ 1 PM	16 Game Day @ 12PM	17 Bridge @ 1 PM	18 Movie Day @ 1 pm <i>Definitely, Maybe</i> PG-13	19 Pool Table Tournament 1 PM Navajo Room
20	21	22 Wii Bowling @ 1 PM	23 Game Day @ 12PM	24 Bridge @ 1 PM	25 Monthly Breakfast 10 AM Ice Cream Social Wii Tennis 2 PM	26 Poker Tournament 6:30 PM Lounge
27	28 Wii ROCK BAND! 6:30 PM Lounge	29 Wii Bowling @ 1 PM	30 Game Day @ 12PM	31 Bridge @ 1 PM	1 Movie Day @ 1 pm <i>Vantage Point</i> PG-13	<b>Activities Director</b> <b>Ramiro Wong</b> <b>994-2073</b>
<b>Activities RCI Activities</b>						

# Coming in August

## Senior Day

**Arizona Diamondbacks**

**Vs.**

**Pittsburgh Pirates**

(A Full Deposit is required, but will be held.)

**When:** Wednesday, August 6

**Where:** Phoenix (Chase Field)

**Time:** Bus Departs 12 Noon

**Cost:** \$35 (Bus, tickets)

**Cut-Off:** July 20th, Seats are limited.

## Rock Band!!

**Sign-Up Required!  
Call Activities Office**

**480-994-2073**

See Flyer for Details

**When:** Monday, August 11th

**Where:** Lounge

**Time:** 6 PM Start

**Cost:** FREE

## Mazatzal Casino

**Sign-Up Required!**

**When:** Tuesday, August 19

**Where:** Payson

**Time:** 8:30 AM

**Cost:** \$1

## Mah Jong Tournament

**Expert Mah Jong Players needed  
to Volunteer as judges.**

**When:** Monday, August 25th

**Where:** Lounge

**Time:** 1 - 4 PM

**Cost:** \$5