

SCOTTSDALE SHADOWS

NEWSLETTER

Renaissance Fair

BBO

Revlon

Mazatzal Casino

Ultrastar Cinemas

Why Chocolate Is Good For You

FROM THE GENERAL MANAGER'S DESK

I have been spending a great deal of time watching, on T.V., the unfolding of events in Japan and Libya, together with the rest of the wonderful news that's fed to us on a daily basis. From all of the turmoil, uncertainty and confusion, what stood out to me most clearly was the resolve, relative calm and respectful manner in which those in Japan affected by its worst natural disaster since World War II, have dealt with their unfolding and uncertain fate. There appears to be a National resolve and respect for one another and an uncommon willingness to assist and care for each other even in the face of tragedy compounded by a difficult, tumultuous and uncertain future.

What I have witnessed through the media made me think about our Community and the manner in which the staff and our residents must deal daily with the issues that affect our home. They pale in comparison to what others have to face and yet we who serve the Shadows are faced on a regular basis with an underlying lack of appreciation by some, who fail to recognize how lucky they are to reside here, and who help foster a subtle but detectable atmosphere of discontent and division accompanied in some cases by misplaced anger. As I have stated previously, this is my home as it is yours, and with all of our rules, regulations, differences among the Regimes grounded in the idea that they and RCI are autonomous entities, entitled to function independently at the direction of their respective Boards of Directors, we remain "One" community, Scottsdale Shadows.

We should take a lesson from our Japanese friends and while retaining our individual and corporate autonomy, remember that we would all benefit, in what is our home, from working toward the common goal of helping to make our Community a better, safer and more pleasant place to live. After all, except for the economy, over which we individually have little control, we do internally determine our fate while enjoying all of the benefits of a vacation-like environment supported by its amenities, and the Board members and staff who strive to make it a most comfortable and enviable place to live.

Staff Column

Administration Office:

General Manager: Roger Friedman
Controller: Ann Marsh
Accountant: Leslie Thornton
Office Receptionist: Linda Donahue
480-994-0433

Maintenance:

Supervisor: Benito Higareda
Coordinator: Nadia Mendoza
480-994-2067
Coordinator: Lorrie Stoffel
480-994-2080

Custodial:

Supervisor: Raul Medrano
480-994-2065

Landscaping:

Supervisor: Jesus Morphin

Community Services:

Supervisor: Steve Cook
480-994-1590

Activities/Records & Registration

Supervisor: Ramiro Wong
480-994-2073
Coordinator: Lori Hammond
480-994-2063
Volunteer Line:
480-994-2092

Front Cover Photo by Nadia Mendoza

RCI BOARD OF DIRECTORS

President: Mike Caponetto

Vice-President: Robert Howes

Secretary/Treasurer: Charles Thomas

Regime VI Garage / Southwest Gas

The repairs to the Regime VI garage have been completed and its residents have been able to re-park in their individually owned spots. Southwest gas has almost completed its work, having reached the East side of the property in front of the Maintenance Office. While they have not provided a completion date, it does not appear to be too far off so that we will be able to re-capture the areas reserved for them (particularly behind building 29), and have them re-surface our roadway so that it is returned to the level and contiguous appearance that existed prior to their operations.

APS Savings Program

The APS savings program will be underway shortly with certain lighting in the RCI and Regime Common Elements and Areas being retro-fitted. This, as has been previously stated, will result in savings to all Regimes and RCI, a welcome change from the increasing costs we are continuously subject to.

Pool 1

Within about one month or so, after our winter residents return to their other places of residence, RCI will be closing Pool 1 for a short period of time to waterproof the pump-house and make certain other adjustments. In addition, the upper deck will be unavailable for a period of time since the concrete and fixtures must be removed as part of the Regime I deck renovation. While this will represent somewhat of a disruption, we will make every effort to minimize the inconvenience and shorten the time that the pool will be unavailable. The men's and women's work-out facilities will remain open, although the Jacuzzi will be out of service for a short period of time. We will inform you of the dates when they are finalized.

RCI/Regime Structure

Many of our new residents appear to be uninformed and confused about how we

are set up at the Shadows and the differences between the responsibility of RCI and the Regimes. I would urge that if you have not already done so you carefully read the materials provided when you purchased or rented your unit. This, for owners, consists of the Regime incorporating documents, CC&R's, By-Laws, Rules and Regulations, as well as the RCI By-Laws and Rules and Regulations. Our Tenant residents should familiarize themselves at least with the Rules and Regulations of both RCI and the Regime in which they live.

In a nutshell, if you have an issue with a Regime, you should contact your Regime President, Building Administrator or member of the Board. If it is an issue involving RCI (the Common areas and amenities-or RCI staff) then contact the appropriate RCI Department.

Too often a resident is upset by the fact that the RCI staff is unable to accommodate a request or complaint because it is what is known as a *Regime issue*, over which RCI has little or no control. Our staff will always attempt to be accommodating, however there are limitations governed by the fact that while we are one Community, it consists of eight independent entities governed by their respective Boards of Directors. All of the information you will need, together with copies of all of the governing documents, insurance policies and the like can be found on our website; www.scottsdale Shadows Arizona.com.

Welcoming Committee

Several of the Regimes have, in the past, attempted to develop a *Welcoming Committee* to provide new residents in their respective Regimes with information and to greet them into the community and Regime. While this was attempted, it never lasted because volunteers were not available to assume the responsibility. In addition the Regime would provide the new resident with a brochure of important facts geared to RCI and the respective Regime. This happens to be a good idea, particularly with all of the activity

that has occurred because of the many new residents coming into the Shadows. RCI will shortly develop a generic brochure applicable to the Community with Regime Specific inserts to be handed out to all new residents by the RCI Office at the time of registration. Each new resident currently receives bar codes and identification badges. The new RCI and Regime Specific brochure should help orient new residents to life at the Shadows and the requirements of a specific Regime.

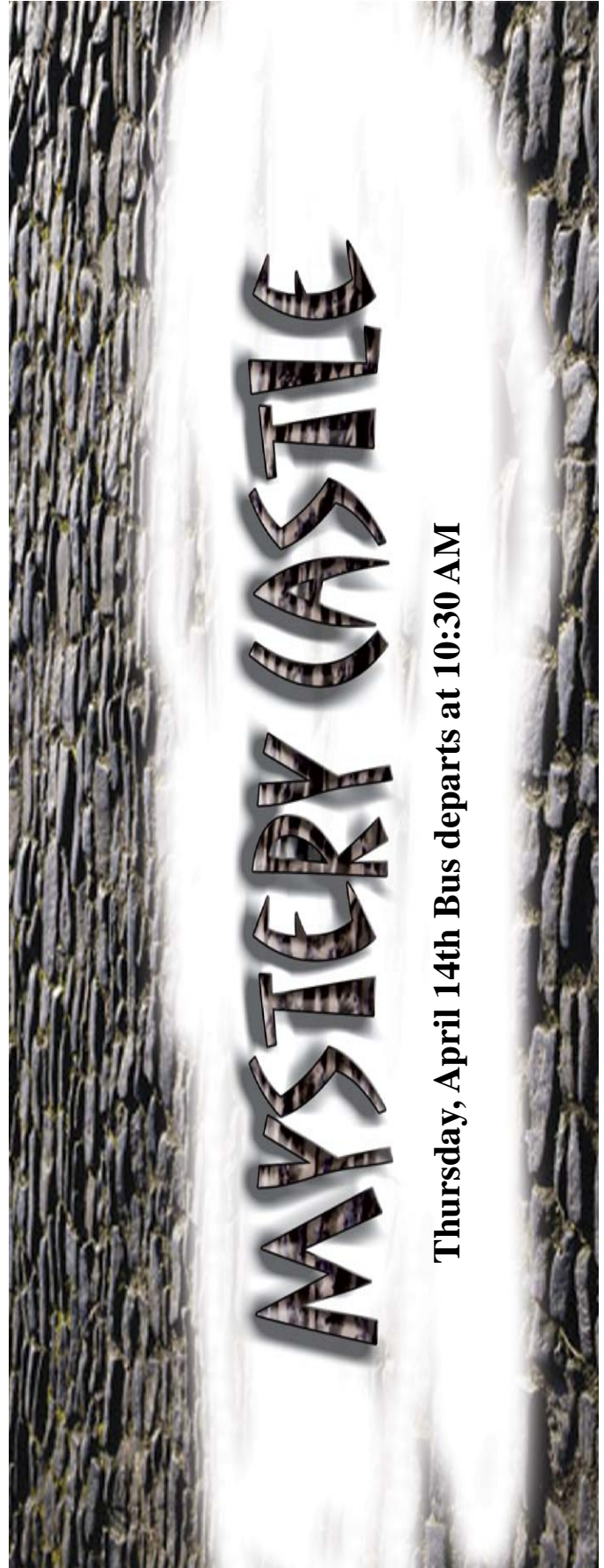
Credit Card Service

At long last, we are arranging with a bank to provide us with a Credit Card machine so that residents will be able, if they wish, to pay their monthly maintenance fees, together with other fees, by credit card. The details are being worked out and there will be a 2% fee charged for this service, since RCI will be charged fees by the bank and credit card companies. For those of you who may wish to take advantage of this new service, **please watch for further announcements providing the details of the service and when it will begin.**

The members of the various Boards and RCI staff would like to wish our departing residents a pleasant, healthy, safe and fun-filled summer, and we look forward to your return in the fall. You can keep up to date with what is going on in and around the Shadows by visiting our website above. The newsletters are posted together with other information that will keep you current with developments and events at the Shadows. ◆

Sincerely,

Roger M. Friedman/GM



Movies of the Month

Friday at 12 Noon

April 1



Red running time 111 minutes **PG-13** **Starring:** **Bruce Willis, Morgan Freeman, & John Malkovich.**

A group of former government assassins fights back against the CIA after they're targeted for knowing too much, in this adaptation of Warren Ellis' acclaimed DC Comics graphic novels. These days, Frank and his old gang are all retired, but the powers that be are still concerned that they know too much, and dispatch a team of top assassins to ensure their silence.

April 8



The Philadelphia Story running time 112 minutes **NR** **Starring:** **Cary Grant & Katharine Hepburn.**

We open on Philadelphia socialite C.K. Dexter Haven as he's being tossed out of his palatial home by his wife, Tracy Lord. A couple of years after the breakup, Tracy is about to marry George Kittridge. Still holding a torch for Tracy, C.K. is galvanized into action when he learns that the publisher of *Spy Magazine*, plans to publish an exposé concerning Tracy's philandering father.

April 15



Burlesque running time 119 minutes **PG-13** **Starring:** **Cher, & Christina Aguilera** Christina Aguilera makes her dramatic feature debut as Ali, a small-town singer who takes her shot at stardom performing at a neo-burlesque nightclub in Los Angeles. Situated in a regal old theater that's still dazzling despite having fallen into disrepair, The Burlesque Lounge is the kind of club where legends are born.

April 22



The Tourist running time 103 minutes **PG-13** **Starring:** **Jonny Depp & Angelina Jolie.**

American tourist Frank meets a mysterious beauty who drags him into a dangerous world of intrigue and espionage while traveling through Europe. When Frank met Elise on the train, he thought it was a chance encounter. Little did Frank realize it was all part of a much bigger plan, one that would soon find him dodging bullets through both the historic streets of Paris and the winding canals of Venice.

Events in April

Renaissance Fair

When: Sunday, April 3rd
Where: Apache Junction
Time: Bus Departs 10:30 AM
Cost: \$25 (covers bus/admission)

BBQ - Farewell to Winter Residents

When: Saturday, April 9th
Where: Pool 1
Time: 1 PM
Cost: \$5 (residents)

Revlon

When: Tuesday, April 19th
Where: Phoenix
Time: Bus departs @ 11 AM
Cost: \$6

Mazatzal Casino

When: Thursday, April 28th
Where: Payson
Time: Bus departs @ 8:30 AM
Cost: \$1

Art All Around Us

Phoenix Art Museum

FALL SEASON

Tuesday, April 5th, 2011
 10:30 AM Navajo Rm.

Topic: *Two artistic personalities emerged during the 17th Century. First was the great Flemish Catholic artist, Peter Paul Rubens (1577-1640), who painted religious paintings for the aristocrats such as Maria de Medici who became queen of France when she married King Henry IV of France. The second is the greatest Dutch genre painter, Jan (Johannes) Vermeer (1632-1675) who painted scenes of contemporary life for the middle class in Protestant Netherlands.*

Come join us as docent, Cal Salta, examines the paintings and tells us the stories of the lives of these two great Baroque artists.



The Classified



Century 21
Arizona Foothills
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Fax (480) 889-2961



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Priced At Market & Lovely!

*Proud Resident
Of
The Shadows.*

**Brand New With Fabulous Views Of
Mountains And Golf Course!**

- 1.) Large 2,000 plus Sq.Ft. - Separate Master Suites, Private Laundry - Magnificent Mt. Views - Hurry!
- 2.) Lush, Unobstructed Park-Like views of Golf Course, 2 BR/2B Private Laundry - Serene & Lovely!

Fabulous Buy:

- 3.) Spacious, rare & lovely 2BR/2B. 1,369 Sq. Ft. plan - Separate Dining Room/Den/Media Room, Private Laundry - - Small Pet allowed -- Priced for Immediate sale. Just move-in!

The Classifieds

FOR RENT

Bldg. 24 or 28

(Both)

**2BR / 1BA, 1st Floor Corner
Newly Renovated, Washer/Dryer**

Unfurnished \$840.00

Furnished \$930.00

Call:

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1-613-899-0086

480-239-1260

Both Units Available

April 1st, 2011

COMFORCARE Senior Services Non-Medical Homecare Services

Supporting Independence, Dignity,
and Quality of Life.

Assistance with all needs including:

- Bathing & Dressing
- Transportation
- Companion Services
- Medication Set-up by a Nurse
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*Hourly or Live-In Services Available
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Reasonable Rates.

Excellent References.
Honest & Friendly.
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Doctors Appointments, etc.
1 hour minimum.
Short notice OK.

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Resident/Owner
(602) 369-9524**

BEDMART

*Mattress Specialist
Specializing in adjustable beds and
regular beds, sleep problems. See me.
We have the answers.*

**Scottsdale Shadows Residents
bring in this coupon for
up to 25% Off.
Except Wednesdays & Thursdays
Not including Tempurpedic or sale items**

Ronald Siegel

Certified Sleep Consultant

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602-840-4500**

- Water & Sewage Extraction
- Mold Remediation & Prevention
- Fire Damage, clean up & repair

Ella Cohen

*Licensed / Bonded / Insured
Screened / Certified Employees*

**Complete Renovations
602-791-8886**

- Kitchen & Bathroom remodeling
- Carpet, Tile, Wood Flooring
- Odor Removal
- Painting

A/C Service

Serving Scottsdale Shadows Residents for 23 years

“We Do It Right”

Repair * Maintenance * Replacement

Air Temp Systems 480-922-3556

Attention

Scottsdale Shadows
Republican Voters

I am your PRECINCT COMMIT-
TEEMAN (P.C. for Malapai
District) and would really like to
get acquainted.

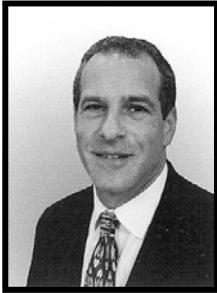
Please give me a telephone call at:
480-874-9071

or an e-mail: gangelis@aol.com.

I look forward to hearing from you.
Katey Angelis - SS Bldg. 24 #711.

The Classifieds

How much is your home really worth in today's market?



Gene Ross
Associate Broker

Can't find a qualified buyer? Tired of lowball offers? There are better approaches and strategies. Call me for a **Free** comparative market analysis and evaluation of your property.

Fact is, I've negotiated many of the highest prices paid for Scottsdale Shadows condos in the last year.

Right now I'm representing several buyers, sellers, investors, and renters to satisfy their real estate needs. How can I help you? Call me today for your Free consultation.

Office Phone: **480-994-0800**

Cell Phone: **602-908-1111**

E-mail: **gene4azhomes@cox.net**



“Honest Answer + Plain Talk Only” From Abe Stolberg Associate Broker Realty One Group

Area resident and area specialist at Scottsdale Shadows since 1989. Over 460 closed transactions with 34 years of EXPERIENCE in the Real Estate Industry. Always there for all of my friends and Neighbors at Scottsdale Shadows. Call me with any questions or a Free Market Analysis, anytime.

Home Office: 480-946-7470 Cell 480-510-7003 E/Mail - abestolberg@cox.net

Pending Sale: Bldg. 21 - 2BR/2BA Navajo Model. 1369 Sq.Ft. Closing date Mid-April 2011.

Recent Sales: Bldng. 30 #409 - Carlton Model Golf Course views 2BR, 2BA.

For Sale Now: Bldng. 32 #301 Navajo Model. 2BR, 2BA + Den-Pristine Condition 1,369 SQ. FT. Screened in balcony - shows beautiful! - Call me for your private showing now! MLS# 4518424 - Not a Short Sale! Reduced! Reduced! Reduced!

Bldng. 29#507 Santa Clara Model - Views, views & more views - Outstanding condo 3BR, 3BA, 2130 SQ. FT. - Call me to show. You'll Love It! MLS# 4537069. Not a short sale. Priced to sell. Also available - For Long Term Lease!

There are 39 Listings available at Scottsdale Shadows starting at \$43,750.00 to \$375,000.00 - Call for information.

The Classifieds



Hourly & Live-in Care Light
Housekeeping, Hygiene, Family
Respite, Shopping, Hospital Recovery,
Lunch & Movie Friend
Qualified & Compassionate Caregivers

All Levels of Care
Call for a Free Appointment
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Need A Ride To
The Airport, Doctor,
Shopping, etc.....

Call Sunny Raymond
480-990-1039 (Bldg. 24)

Excellent, Safe, Driver
Reasonable Rates!

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- *HOURLY AND 24 HOURS OF CARE & HELP TO INFORM YOU AT YOUR OWN RESIDENCE
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For more information, please call OLGA at: 480-252-8218

DeNova
Hair Design

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Scottsdale, AZ 85251
rickzwijacz@yahoo.com / gmamickeyjr80@yahoo.com

25% off any hair service with Rick
~ Tuesday through Saturday ~
50% off manicures & pedicures
~ on Tuesday with Mickey ~
~ New Clients only ~



- Meal Preparation
- Housekeeping
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- Companionship
- Respite Care
- Much Much More

Our experienced & compassionate caregivers are here to help

Free In-Home Assessments

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www.valleyofthesunhomecare.com

Mention this ad for a resident discount

Hello, my name is Mike Konenko.
I am your Scottsdale Handyman. I have lived and worked in Scottsdale for 36 years. Please call me if you need.....!

- Kitchen and bathroom remodeling
- Electrical
- Plumbing repairs and installation
- Flooring - Carpet/Ceramic
- Leak and water damage repairs
- Tile/Laminate/Wood
- Painting & wall texturing
- Sales and Installation

Small jobs welcome. References available from Scottsdale Shadows Residents.

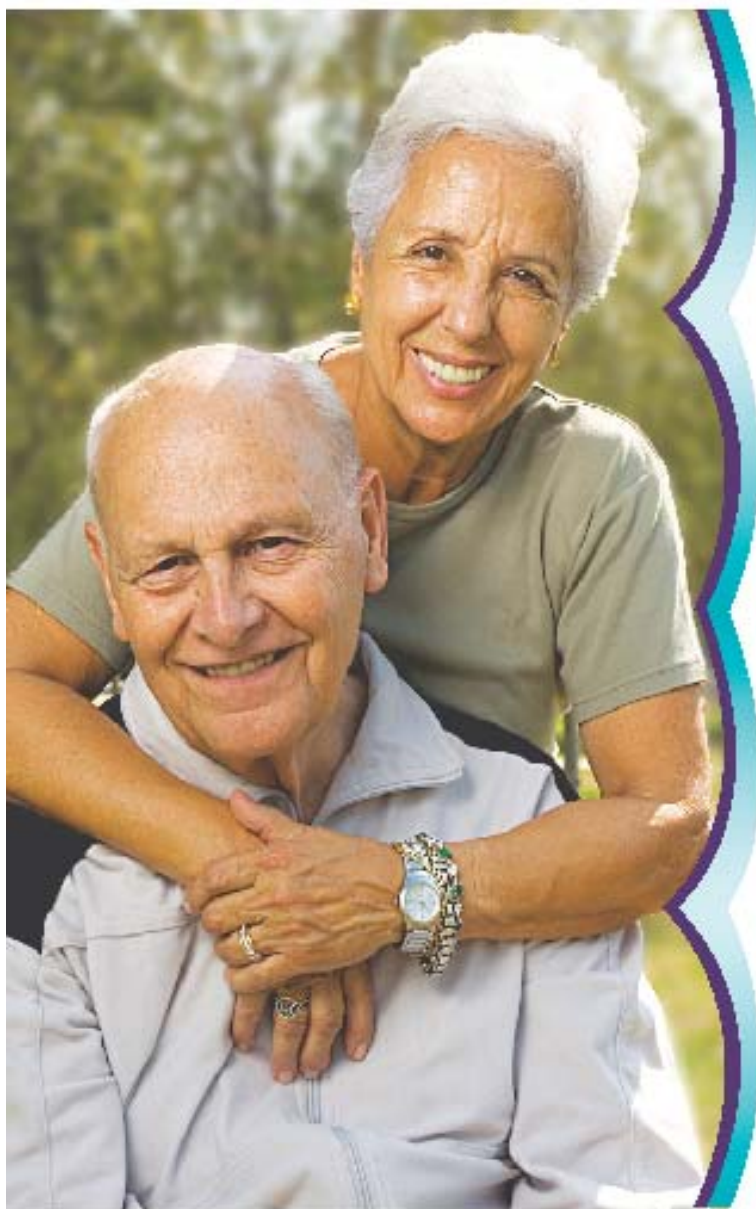
Please call me at 480-220-8966

Carmen Lewis

Certified Caregiver.
Resident of the Shadows.
Excellent References!

Home: 480-874-1557
Cell: 480-221-3961

SCOTTSDALE'S FINEST LUXURY RENTAL RETIREMENT COMMUNITY



With breathtaking views of the majestic McDowell Mountains, Sierra Pointe offers two distinct lifestyles: **Independent & Assisted Living.**

At Sierra Pointe, you'll enjoy every attention to detail befitting a first-class resort combined with the warmth and comfort of living in your home and the ambiance of a true community.

- Gourmet Dining
- Entertainment
- Heated Pool & Spa
- Wellness Center
- Library
- Movie Theatre
- Cultural Events
- Computer Center

Seven spacious luxury floor plans starting at only \$2,925/month.

Vacation Packages starting at \$99/night - furnished suites plus meals and amenities. Certain restrictions apply.

Tour with complimentary lunch,
call 480.767.9800
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Scottsdale's Finest Luxury
Rental Retirement Community



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14500 N. Frank Lloyd Wright Blvd., Scottsdale (Loop 101 to Raintree, one mile east to Frank Lloyd Wright)

The Classifieds

Yearly Rentals

- Best Viewed in Shadows Penthouse 2BR/2BA
Granite top kitchen, etc.
\$950.00
- Pristine 2 Master Bedrooms
6th floor, 1,700 Sq. Ft.
Huge living room
Furnished \$1,795
Unfurnished \$1,675

Call Si Brazy **480-941-1218**



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Independently Owned and Operated

**SHADOWS NEWS
AD DISCLAIMER**

The Advertisers in this Newsletter are neither solicited nor endorsed by RCI or any of the Regimes (HOA) encompassing the Community known as Scottsdale Shadows. Neither RCI nor any of the Regimes (HOA) comprising Scottsdale Shadows, assume any responsibility of any nature whatsoever in connection with the retention of any advertiser herein by any Homeowner, Renter, or other Resident who may, as a result of these advertisements, retain their services. No endorsement shall be hereby implied or assumed by reason of the advertising or its content, and the hiring, retention, or otherwise by anyone of any advertiser herein shall be at his, her, or their own risk. In addition, should there be any advertisement in this Newsletter involving the rental or sale of any unit within Scottsdale Shadows, such advertisement and its contents solely represent the advertisement of either the broker, agent or unit owner, whichever the case may be. Neither RCI, nor any of the Regimes I-VII advertises, sells or rents any unit located within Scottsdale Shadows. All sales or rentals are conducted through either brokers, agents or directly with the owner of the unit in question, and neither RCI nor Regimes I-VII have any connection with same except to make certain that all Community (RCI and Regime) rules are fully complied with.

Advertise in the Scottsdale Shadows Newsletter Today!

<p><u>Black and White Ads:</u></p> <p>Small Ad: \$25 Half Page: \$100 Full Page: \$150</p>	<p><u>Color Ads</u></p> <p>Small Ad: \$50 Half Page: \$150 Full Page: \$200</p>	<p><u>Back Cover</u></p> <p style="text-align: center;">\$300</p>
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DEADLINE FOR ADS IN THE NEWSLETTER IS ALWAYS THE 21ST OF THE MONTH.
Except in Nov./Dec. - it's the 15th

Saturday Golf Tournament

Date: Saturday, April 30th
Time: Meet in the Lounge at 8:30 AM
Cost: Free
 (Bagels & Coffee will be served for Breakfast)

Winners determined on most points & low individual score (medalist)
 Individuals or teams welcomed Cut-Off date is March 24th
 Sign-Up in the Activities Office.



The Springs of Scottsdale
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Scottsdale, AZ. 85251

480-941-9026

www.thespringsofscottsdale.com

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- Beautifully Maintained
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- Exercise class daily
- 24 hour staffing
- Schedule your tour today
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Come see how we roll

Come see how we roll

Coming in May

Mother's Day Breakfast



When:
Friday, May 6th

Where:
Lounge

Time:
10 AM

Cost:
\$1

Cut-Off:
May 2nd



When: Tuesday, May 9th

Where: Las Vegas

Time: TBA

Cost: \$99 per person Dbl. / \$149 Single Room

Sleeping Beauty

When: Sunday May, 15th

Where: Chandler Center for the Arts

Time: 11 AM **Cost:** \$14 (Covers bus/show)



When:
Thursday, May 26th

Where:
Phoenix

Time:
Bus departs @ 1PM

Cost: \$10 (Covers bus/entrance)



The title "Regime News" is centered within a thick black rectangular border. On either side of the text, there are two vertical black bars of varying heights, creating a stylized frame. The text "Regime News" is written in a large, bold, black serif font with a decorative, slightly cursive feel.

Regime News

Regime I - Nothing to Report.

Regime II - Nothing to Report.

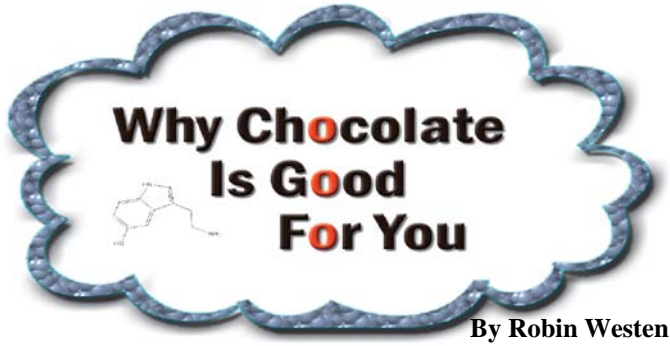
Regime III - Nothing to Report.

Regime IV - Nothing to Report.

Regime V - Tuesday, April 7th. Navajo 7 PM.

Regime VI - Nothing to Report.

Regime VII - Thursday, April 21st. Navajo 7 PM.



Sure, it's delicious, but chocolate has lots of health benefits, too. It contains flavonoids, which act as antioxidants to protect the body from damage caused by free radicals, which can lead to heart disease, maybe even cancer. Flavonoids also help relax blood pressure through the production of nitric oxide, and balance certain hormones in the body. Chocolate can also improve digestion and stimulate the kidneys. It has been used to help people with anemia, kidney stones, and poor appetite. It also lessens anxiety by producing the neurotransmitter, serotonin, from the tryptophan in the chocolate.

All this is great news. But like most things in life, chocolate also has its drawbacks. The best kind of chocolate is raw, or minimally processed.



All this is great news. But like most things in life, chocolate also has its drawbacks. The best kind of chocolate is raw, or minimally processed.

Sugar that is often mixed with chocolate candies has its own downside and that has to be considered when deciding how much of a wonder food chocolate really is. The other drawback of chocolate is that you can't avoid ingesting caffeine along with the flavonoids and antioxidants. There are approximately 6 milligrams (mg) of caffeine per ounce of chocolate, which is about the amount found in decaffeinated coffee. Although this is a lot less than what is found in a typical serving of soda or coffee, for those with specific heart conditions, such as palpitations



or arrhythmia, chocolate may not be as beneficial. Chocolate is also high in calories.

A great alternative: the chocolate look-a-like carob -- rich in B vitamins and minerals and much lower in calories. And carob has twice as much fiber, gram for gram, as chocolate and neither of chocolate's drawbacks: caffeine and high calories.

Carob is a seed pod that grows on evergreen trees native to Mediterranean countries. Straight from the tree, carob has a leathery skin that's dry, brown and flat. After the pod is picked, it's broken up into tiny pieces called kipple and the seeds are removed.

The kipple is then roasted and ground into powder.

Carob is available in health-food stores in the form of bar, tablet, powder, wafer, and syrup.

And it usually costs less than chocolate. That's a definite plus for your purse. ♦

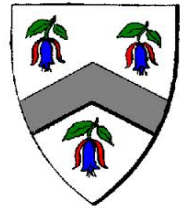
Robin Westen is ThirdAge's medical reporter. Check for her daily updates. She is the author of "Ten Days to Detox: How to look and feel a decade younger."





Renaissance Fair

Sunday, April 3rd
\$25 per person (includes entrance/bus)
Bus Departs at 10:30 AM



Sign-up required before event.



Jesterz
Improv Comedy
Established in 2001

Saturday April 9th * \$16 per person (includes entrance/bus)
Bus Departs at 5:15 PM * Sign-up required before event.

Revlon



Tuesday, April 19th * \$6 per person (bus)
Bus Departs at 11 AM * Sign-up required before event.



Las Vegas

May 9th - 11th (Monday - Wednesday)
3 days at the Four Queens Hotel
\$99 PP (double occupancy) / \$149 (single occupancy)

Community Board

Pool 1 - 5AM - 11PM
 Pool 2 - 6AM - 10PM
 Pool 3 - 7AM - 10PM

Library
 Hours
 6:30 AM
 to
 10 PM

REMINDER:

NO REFUNDS WILL BE GIVEN
 ON ANY EVENT, ONCE EVENT HAS
 BEEN PAID FOR BY RCI.

Please understand that once we pay for an event we, RCI, do not get
 the money back. We cannot be responsible for refunds.
 Thank you for your understanding.

RCI has Free Notary Services.

Please CALL for an appointment
Lori Hammond 480-994-2063

Records and Registration

Pool Aerobics
Instructor Bobbie Levine
POOL 1 7 days a week Starts @ 10 AM

ART DONATIONS NEEDED !
 "Bringing Art Home"

Donations of art are needed for the less fortunate who are living in group homes here in the Valley. If you have an older or newer piece of art that can be hung or placed in a resident's room or living area, then we would love to hear from you. Needed are framed prints, photographs, as well as framed original art & pieces of sculpture.

These donations will be enjoyed by those residents suffering and recovering from mental & emotional illness & trauma.

For more information on
 "Bringing Art Home",
 or to arrange for a pick up, donation or drop off,
 please call Dee Link at 480-421-1905
 Many Thanks!

ATTENTION:



ART Room
Users

In an effort to accommodate all those wanting to utilize the ART Room facilities, we will be cleaning out all locker space.

If you are no longer using the ART Room & have any items stored there,

Please remove before April 15.

Your cooperation is greatly appreciated by those now actively using this space.

Check us out on FACEBOOK!

Get up to date information on the activity events going on in your community.

Just type in *Scottsdale Shadows*.
 Look for online specials!

April 2011

Scottsdale Shadows

April 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities Lori Hammond 994-2063	Pool Aerobics 7 Days a Week 10 AM Pool I <i>Bobby Levine</i> <i>Instructor</i>	Art All Around Us 10:30 AM Navajo RCI Meeting 7 PM Lounge			1 Movie Day @ 12PM <i>Red</i> PG-13 111 Minutes	2
3 Renaissance Fair Bus Departs @ 10:30 AM	4 Monday Night Bridge	5 Art All Around Us 10:30 AM Navajo RCI Meeting 7 PM Lounge	6 Game Day @ 12 Noon	7 Knit Wits @ 10 AM Regime V 7 PM Navajo	8 Movie Day @ 12PM <i>The Philadelphia Story</i> NR 112 Minutes	9 BBQ By Pool 1 1PM Jester'Z Bus Departs 5:15 PM
10	11 Monday Night Bridge	12	13	14 Knit Wits @ 10 AM Mystery Castle Bus Departs @ 10:30 AM Bingo @ 7 PM	15 Movie Day @ 12PM <i>Burlesque</i> PG-13 119 Minutes	16
17	18 Monday Night Bridge	19 Revlon Bus Departs @ 11 AM	20 Game Day @ 12 Noon	21 Mazatzal Casino Bus Departs @ 8:30 AM Knit Wits @ 10 AM Regime VII 7 PM Navajo	22 Movie Day @ 12PM <i>The Tourist</i> PG-13 103 Minutes	23
24	25 Monday Night Bridge	26	27 Game Day @ 12 Noon	28 Knit Wits @ 10 AM Bingo @ 7 PM	29 Breakfast in the Lounge 10 AM Continental	30 Golf Tournament 8:30 AM
Activities			RCI			Activities

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