

Volume 12, Issue 4

April 2010



SCOTTSDALE SHADOWS

NEWSLETTER

A Place To Call Home

www.scottsdalershadowsarizona.com

Special Points Of Interest:

- Ft. McDowell Casino
- Going Away Party
- Art All Around Us (AAAU)
- Monday Night Bridge
- Suns vs. Spurs
- D-Backs vs. Phillies
- Breakfast in Lounge

RCI BOARD OF DIRECTORS

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MIKE CAPONETTO

VICE-PRESIDENT

ROBERT HOWES

SECRETARY / TREASURER

CHARLES THOMAS



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FROM THE GENERAL MANAGER'S DESK**April, 2010**

Some of our part-time residents have already departed the Shadows, with more to travel elsewhere by the end of this month. The members of the RCI Board and our staff would like to take this opportunity to wish you a pleasant, healthy and fun-filled spring and summer. Remember, you can keep up to date with what is going on here on our website. The newsletters and other information are published monthly on our site.

Let me begin by clarifying an apparent misinterpretation of a comment made in the last newsletter. It was brought to my attention that some residents took offense, or at least were disturbed, by my observation that there are many, of our residents who take the Shadows for granted and do not fully appreciate the efforts of our staff on their behalf. This was not meant to include the many, who are aware of what we have to offer and show the staff their appreciation in a variety of ways. I am intimately aware of both, and did not mean to exclude or offend those who do value the efforts put forth on their behalf. The staff must deal with the negative as well as the positive, and the remark was obviously geared toward the former.

I don't know if you are aware that the men's and women's workout facilities have been improved by installing new carpeting, adding additional tile and re-painting the women's facility. The women's lockers have been moved away from the entrance door into the dressing area, a more suitable and practical location. If you wish to see what the improvement looks like and cannot visit the facilities, photos are available on our website under the menu item "photos" at www.scottsdalershadowsarizona.com. Some major and minor problems have been corrected to our computer system, and we are in the process of obtaining the insurance reimbursement for the repair of our entrance canopy (directly in front of the gatehouse) that was damaged by an entering truck several months ago. You may not have noticed, but the City, ahead of schedule, has begun the re-orientation of the center/divider and hedges, together with the turn lanes at the entrance to our community on 78th Street. How effective this plan will be is up in the air until it is in place for a few weeks. We'll wait and see if it eliminates the lack of visibility problem.

As stated in my last newsletter, each month I intend to highlight the responsibilities and duties of the various RCI Departments. This month the spotlight is on the:

MAINTENANCE DEPARTMENT**Benito Higareda-Supervisor**

It should be remembered that our Maintenance Department's primary responsibility is to maintain the property and grounds belonging to RCI (the common areas). In addition it is charged with fulfilling its obligations to the various Regimes, as set forth in the maintenance agreement with each of the Regimes. The employees of this department, led

From the General Manager's Desk**April, 2010**

by Benito, tirelessly move from one project or emergency to another, seeing to the needs of RCI and the Regimes. Their efforts and expertise, as well as their understanding of the unique and varied requirements of our physical plant, minimize the need for us to seek outside help. In all but severe emergency and other limited situations they are able to correct and remediate problems that occur, *in house*, without the need to seek outside assistance. This saves unnecessary cost and assures that things are done properly and in accordance with our own internal standards. Listed below are some of the more common and repetitive functions of the members of that department:

1. Maintain in good repair the RCI common areas and assist the Regimes in the care and maintenance of the common elements of the respective Regimes.
 - a. The above includes buildings, grounds, garages, electromechanical equipment, water/plumbing systems, electrical, fire, irrigation and emergency systems of the Regimes. Preventive maintenance is a priority.
 - b. Respond to emergencies involving the Regimes or Regime residents, when appropriate.
 - c. Respond to calls and walk-ins from Regime officers and/or residents concerning maintenance related to the Regime.
 - d. Supervise services, contracted for maintenance, that cannot be accomplished in-house.
 - e. Schedule all building water or other shutdowns, post appropriate notices, and coordinate with Regime officials for work to be performed on behalf of the Regime.
 - f. Maintain tickler file for repetitive Regime maintenance.
 2. Prepare and maintain records for job work orders for all work to be performed and coordinate appropriately.
 - a. Follow up on all work orders, and order supplies, and log time required to complete the work order.
 - b. Schedule Regime special projects.
 - c. Maintain records of emergency work performed when maintenance staff is not present.
 - d. Maintain records of work performed by members of the maintenance staff; prepare and submit purchase orders for all materials purchased or work performed.
- C. Obtain written approval from Regimes for work performed other than required under the maintenance contract.

From the General Manager's Desk

April, 2010

4. Change light bulbs on RCI and Regime property, replace filters, check emergency lights, roof checks, sump pump checks.
5. Install and remove elevator pads for move-ins/outs, contractors, deliveries, etc.
6. Update Regime building directories in certain Regimes.
7. Periodically check washing machines and all other mechanical equipment.

This list goes on and on. The maintenance staff has its hands full on a daily basis and must deal with regular maintenance and contracted-for responsibilities as well as respond to all emergencies involving most equipment on site. Much of what they do is not visible and behind the scenes, and as General Manager I feel grateful that I can rely heavily on Benito and his staff.

Remember that as we move rapidly forward toward the torrid summer months, it is necessary to stay hydrated to avoid serious medical problems. Water is the best solution; coffee and soda, while they may satisfy certain needs and cravings, tend to dehydrate. A few of the symptoms of dehydration are: parched lips, lightheadedness, and a degree of loss of balance or weakness. These start as subtle symptoms, but can rapidly deteriorate into more serious problems. I am not trying to practice medicine; however, I have experienced all of the above and have been advised by medical professionals that they are the initial signs of trouble.

Until next month, and beyond, stay healthy, happy and safe.

Sincerely,

Roger M. Friedman /GM



SOLD OUT

Events in April

Suns vs. Spurs

When: Wednesday, April 7th
Where: US Airways Arena
Time: Bus Departs 6:30 PM
Cost: \$25 (Sign-Up Required)

Fort McDowell Casino

When: Thursday, April 29th
Where: Fort McDowell
Time: 10 AM
Cost: \$1 (Sign-Up Required)

Going Away Party

When: Friday, April 9th
Where: Lounge
Time: 6 PM
Cost: \$1 (Sign-Up Required)

D-Backs vs. Phillies

When: Sunday, April 25th
Where: Chase Field
Time: Bus Departs 12:30 PM
Cost: \$20 (Sign-Up Required)

Art All Around Us

Phoenix Art Museum SPRING SEASON

<u>Date:</u>	<u>Time:</u>	<u>Topic:</u>	<u>Docent</u>
April 6th, 2010	10:30 AM	Four Seasons	Ekins, Sandra

THE LAST PRESENTATION OF THE SEASON!

Movies of the Month

Friday at 1PM

April 2 *Old Dogs* running time 88 minutes **PG-13** *Starring: John Travolta, & Robin Williams.* John Travolta and Robin Williams team up in the Walt Disney Company's *Old Dogs*, a family comedy that pairs the two as close business partners whose lives are thrown into disarray when twin seven-year-olds are put into their care. Travolta's wife, Kelly Preston, co-stars, along with the couple's daughter, Ella, who makes her big-screen debut here.

April 16 *Up In The Air* running time 109 minutes **R** *Starring: George Clooney, & Vera Famiga.* Jason Reitman's adaptation of the novel *Up in the Air* tells the story of Ryan Bingham, who makes his living personally handing out pink slips -- he's the top hatchet man at a company that other companies hire when they are downsizing. Business is booming, his job keeps him on the go constantly. He flies all across the country, staying in a series of nice hotels. And although this itinerant lifestyle prevents him from having any kind of stable, regular life, this doesn't bother him in the slightest -- he's thrilled to be a boy in a traveling bubble. During one particular layover, he strikes up a conversation with Alex Goran, a fellow savvy traveler. They bond over the ins and outs of various airlines and hotels, and quickly fall into bed. By morning, they are figuring out when their schedules will allow them to meet up again, even though they both make it clear that there are no strings attached. When Ryan arrives back in the home office, he meets no-nonsense career-oriented twenty-something Natalie Keene, a fast-rising up-and-comer who wants to change the company's practices and save millions by having the staff fire people remotely via webcams. Furious at the thought of losing a lifestyle he's grown quite comfortable with, he convinces his boss to let him take Natalie on a few trips so that she can learn what it's really like to fire someone.

April 23 *Everybody's Fine* running time 100 minutes **PG-13** *Starring: Robert DeNiro, Kate Beckinsale, & Drew Barrymore.* Widower Frank Goode has had to make plenty of adjustments since losing his wife about a year ago, but maybe the hardest one has been maintaining his relationships with his four adult children. It would seem that Frank's wife was the glue who held the family together, and when all of the kids bug out on a planned visit home, he decides to set out on a trip around the country, dropping in on each of their lives in order to help put things right. But their relationships aren't as simple as they once seemed, and Frank's paternal intuition is telling him that his sons and daughters are hiding something from him.

Diamondbacks Sunday, April 25th

D-Backs Vs. Phillies
D-Backs vs. Yankees (June 23rd)

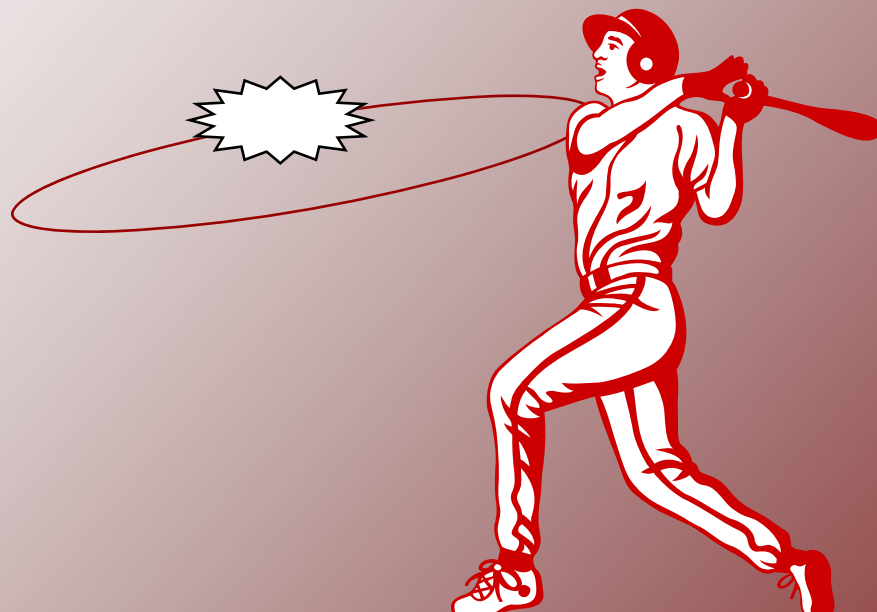
When: Sunday, April 25th

Where: Chase Field

Time: Bus Departs 12 Noon

Cost: \$20 (Game & Bus) Phillies
Game

Cut-Off Date: Friday, April 23rd



The Yankees Are Coming! Get discount for buying both



FORT MCDOWELL CASINO



Windfall

When: Thursday, April 29th

Where: Fort McDowell

Time: Bus Departs 10AM
Approx. return 4 PM

Cost: \$1 (Bus Driver Tip)

Sign-Up Required!

Please note when signing up we will need the following:

- Full name, as shown on state ID.
- Complete date of birth.
- Complete Address.

Upon arrival passengers will receive \$10 on their Fortune Club Card.



Regime News

Regime I - Nothing to report.

Regime II - Nothing to report.

Regime III - Nothing to report.

Regime IV - Nothing to report.

Regime V - Meeting Wednesday, April 14th.
Navajo Room 7 PM

Regime VI - Meeting Tuesday, April 27th.
Navajo Room 7 PM

Regime VII - Meeting Thursday, April 15th.
Navajo Room 7 PM

The Classifieds



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First Floor One Bedroom One Bath.

Newly re-modeled. \$92,000

OBO

Call 480-812-8400

Suns vs. Spurs



When: Wednesday, April 7th

Where: US Airways

Time: Bus Departs 6:30 PM

Cost: \$25

D-Backs vs. Phillies

Sign-Up is Required



When: Sunday, April 25th,

Where: Chase Field

Time: Bus Departs 12 Noon

Cost: \$20 (Bus & Game)

Fort McDowell

Sign - Up Required



When: Thursday, April 29

Where: Fountain Hills

Time: 10 AM Bus Depart

Cost: \$1

Breakfast In The Lounge

Sign - Up Required



When: Friday, April 30th

Where: Lounge

Time: 10 AM

Cost: \$1

Community Board

Poker Players

Play:

Wednesday and Thursday 1-4 PM

Call Fred **941-8305**

Library

Hours

7 AM

to

10 PM

REMINDER:

**NO REFUNDS WILL BE GIVEN
ON ANY EVENT, ONCE EVENT HAS
BEEN PAID FOR BY RCI.**

Please understand that once we pay for an event we, RCI, do not get the money back. We cannot be responsible for refunds.

Thank you for your understanding.

RCI has Free Notary Services.

Please CALL for an appointment

Lori Hammond 480-994-2063

Records and Registration

Pool Aerobics

Instructor Bobbie Levine

POOL 1 7 days a week Starts @ 10 AM

Please remember in case of an emergency first dial 911, then call Community Services. This helps expedite your emergency as opposed to EMS hearing it through a third party. Again, thank you for your help in this matter.

Monday Night Bridge

7 PM Lounge

**MAH JONGG PLAYER
LOOKING FOR A GAME.**

PLEASE CALL:

SUNNY RAYMOND 480-990-1039 (BLDG. 24)

Looking for a woman Tennis Partner:

3.0 to 3.5 skill rating

Call Patricia Brooks 29-710

480-250-5556 * patricia@plbrooks.com

Friday Night In The Lounge @ Five

Please plan to join us every Friday @ 5 p.m. In the lounge. Bring your own drink and an appetizer to share. This is a great way to connect with your neighbors and an easy way to make new friends!
If you can come by early and help us set up.

(We do not meet if there is an RCI sponsored event on Friday Evening.)

April 2010

Scottsdale Shadows

April 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Pool Aerobics 7 Days a Week 10 AM Pool 1 Bobby Levine <i>Instructor</i></p>				<p>1 2FIT2FALL Senior Strength 9-10AM Tai Chi Classes 11-12 PM Group Exercise 2:30 - 3PM Knit Wits @ 10 AM</p>	<p>2 Movie Day @ 1 pm <i>Old Dogs</i> PG-13</p>	<p>3</p>
<p>4</p>	<p>5 2FIT2FALL Senior Strength 9-10AM Group Exercise 10-10:30AM Tai Chi Classes 11-12 PM Bridge @ 7 PM</p>	<p>6 2FIT2FALL Group Exercise 10-10:30AM & 10:30-11AM Art All Around Us Navajo Room 10:30 AM</p>	<p>7 2FIT2FALL Senior Strength 9-10AM Walking Group 9-10AM Game Day @ 12PM Bus - Mesa Riverview 11:30 AM</p>	<p>8 2FIT2FALL Senior Strength 9-10AM Tai Chi Classes 11-12 PM Group Exercise 2:30 - 3PM Knit Wits @ 10 AM</p>	<p>9 <i>Save Brink</i> Going Away Party Happy Hour Starts 6 PM Lounge</p>	<p>10</p>
<p>11</p>	<p>12 2FIT2FALL Senior Strength 9-10AM Group Exercise 10-10:30AM Tai Chi Classes 11-12 PM Bridge @ 7 PM</p>	<p>13 2FIT2FALL Group Exercise 10-10:30AM & 10:30-11AM</p>	<p>14 2FIT2FALL Senior Strength 9-10AM Walking Group 9-10AM Game Day @ 12PM Regime V Meeting Navajo Rm. 7 PM</p>	<p>15 2FIT2FALL Senior Strength 9-10AM Tai Chi Classes 11-12 PM Group Exercise 2:30 - 3PM Knit Wits @ 10 AM Regime VII Meeting Navajo Rm. 7 PM</p>	<p>16 Movie Day @ 1 pm <i>Up In The Air</i> PG-13</p>	<p>17</p>
<p>18</p>	<p>19 2FIT2FALL Senior Strength 9-10AM Group Exercise 10-10:30AM Tai Chi Classes 11-12 PM Bridge @ 7 PM</p>	<p>20 2FIT2FALL Group Exercise 10-10:30AM & 10:30-11AM</p>	<p>21 2FIT2FALL Senior Strength 9-10AM Walking Group 9-10AM Game Day @ 12PM Regime VI Meeting Navajo Rm. 7 PM</p>	<p>22 2FIT2FALL Senior Strength 9-10AM Tai Chi Classes 11-12 PM Group Exercise 2:30 - 3PM Knit Wits @ 10 AM</p>	<p>23 Movie Day @ 1 pm <i>Everybody's Fine</i> PG-13</p>	<p>24</p>
<p>25 D-Backs vs. Phillies Bus Departs @ 12:30 PM</p>	<p>26 2FIT2FALL Senior Strength 9-10AM Group Exercise 10-10:30AM Tai Chi Classes 11-12 PM Bridge @ 7 PM</p>	<p>27 2FIT2FALL Group Exercise 10-10:30AM & 10:30-11AM Regime VI Meeting Navajo Rm. 7 PM</p>	<p>28 2FIT2FALL Senior Strength 9-10AM Walking Group 9-10AM Game Day @ 12PM</p>	<p>29 2FIT2FALL Senior Strength 9-10AM Tai Chi Classes 11-12 PM Group Exercise 2:30 - 3PM Knit Wits @ 10 AM Fr. McDowell 10 AM</p>	<p>30 Breakfast In The Lounge 10 AM <i>Continental</i></p>	<p>Activities Director Ramiro Wong 994-2073</p>

Activities

RCI

Activities

Coming in May

Mother's Day Breakfast

Continental w/ lox

Sign-up is Required!

(This helps keep our cost in check.)

When: Friday, May 7th

Where: Lounge

Time: 10:00 AM

Cost: \$1

The Organ Stop Pizza

Sign-up is Required!

Lunch is on your own.

They only accept cash/check.

When: Thursday, May 13th

Where: Mesa

Time: Bus Departs at 5 PM

Cost: \$6 (Covers bus charge)

IKEA

Sign-up is Required!

Lunch is on your own.

When: Thursday, May 20th

Where: Tempe

Time: Bus Departs 11:30 AM

Cost: \$6 (Covers Bus)

Memorial Day Breakfast

Continental

Sign-up is Required!

(This helps keep our cost in check.)

When: Friday, May 28th

Where: Lounge

Time: 10:00 AM

Cost: \$1